# Conscious use of power

## program

"Power... is energy, a human drive to shape the world, influence others, and make an impact. We need power. Power is difficult to master, but is vital to have. It's generative and creative."

- J. Diamond, 2016, Power: A User's Guide

Power is fundamental to the way organisations, communities and relationships operate, but many leaders don't understand their own sources of power, or how to leverage them to greatest effect.

This program provides a practical translation of leading edge thinking on the nature of power, tailored to the context of the modern workplace.

It has been developed by experienced senior executives in government and the innovation sector to provide the foundational knowledge and practical tools to understand and leverage personal power and formal authority for positive benefit.

### Program outline

The program includes two full day in-person workshops and a personal coaching session with our experienced and qualified executive coaches.

Held over the course of 3 weeks, the program also includes take-home activities to further explore your own power, and its dynamics in the workplace.

### Outcomes

Learn to recognise the opportunities and risks associated with exercising power in different situations.

Develop techniques to use power ethically, authentically and effectively.

Work with and learn from colleagues to apply the theory to your unique challenges.

### Who should attend?

If you are a leader who:

- is curious about better understanding power and how it is used
- wants to improve your leadership practice to enhance the effectiveness of your team
- is invested in creating a positive and productive culture,

this program is for you.

### Course Fee

$2,850 plus GST per participant

# Program Creators and Facilitators

### Dr Jodi Steel CSM

Jodi is an accredited Right Use of Power teacher and Diamond Power Index (360 instrument) user. Jodi brings over 35 years experience in leading people, technology and innovation across RAAF, academia, corporate and not-for-profit. She is energised by working in complex, multi-disciplinary environments, bringing people and ideas together to address challenges.

Using her background in engineering, Jodi is passionate about bringing multiple perspectives together to look at problems and solutions within their context to create environments that support the sharing of knowledge and learning.

Jodi is passionate about working with others to help them find and develop their purpose and potential and distil learnings from their experiences.

Jodi was motivated to study and teach power after watching many people in the workforce who failed to act on their potential to be excellent leaders due to uncertainty about their power and ability to exercise it well.

Jodie's superpower is helping others to understand their power, and how to put this into practice as an essential leadership skill.

### Rochelle Fittler

Rochelle is a qualified leadership coach and former Senior Executive in the Australian Public Service with more than 20 years in the Defence Portfolio.

Since her early career as an analyst, Rochelle has led a range of technical, operational, policy and governance teams, has been posted overseas for the Australian Government, and been a CIO in a government organisation.

Today, Rochelle is pursuing her passion for building leadership potential in others. Her background in science and analysis means she loves exploring the latest rigorous research on leadership and considering how this applies to practical technical and operational challenges.

Rochelle is a Senior Fellow at the Australian Strategic Policy Institute, a trusted independent advisor to government, and a non-executive director in the higher education sector. She holds a Master of Leadership and Cert IV in Workplace and Business Coaching and is a member of the International Coaching Federation.

Rochelle's superpower is her collaborative approach. She believes that people rarely achieve anything that is worth achieving alone, and brings a strong relationship focus to her coaching.